

KRQE NEWS 13

NM Black History Festival to wrap up with nutrition & engineering

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ALBUQUERQUE (KRQE) – The 4th Annual Black History Festival is approaching its final weekend. This Saturday there will be a day long event dedicated to educating kids on fields related to engineering and nutrition. They're calling it the STEM Festival and Work It Out Day. STEM stands for science, technology, engineering, and math– all fields that a lot of kids now-a-days may not get as much education on as they deserve (or have an interest in to start with).

At the event, kids will have the chance to learn how to build race cars, learn from an interactive electricity demonstration, build mini rockets, do yoga, body pump and Haitian dance. They'll also learn about holistic nutrition and get to sample different recipes from

local chefs and restaurants.

This is happening this Saturday, February 21 at Highland High school. It starts at 8:30 am with a continental breakfast and ends at 3:00 pm. Lunch is also included. The event is free and open to all ages, K-12. You can learn more about this event and everything else the **[Black History Festival has in store this weekend](http://nmblackhistorymonth.com/stem-fest-work-it-out-day/)**» (<http://nmblackhistorymonth.com/stem-fest-work-it-out-day/>)

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